



**PARVATHANENI BRAHMAYYA
SIDDHARTHA COLLEGE OF ARTS & SCIENCE**
Autonomous
Siddhartha Nagar, Vijayawada-520010
Re-accredited at 'A+' by the NAAC

DEPARTMENT OF PHYSICAL EDUCATION

Name of the Event: **“Need of Yoga for Good Health.**

Date of the Event: **17 & 18-04-2023**

No of Participants: **150**

On the 17th and 18th of April 2023, the Department of Physical Education and Sport Sciences conducted a yoga session Entitled “Need of Yoga for Good Health”.

P B Siddhartha College of Arts and Science
Mogalrajpuram, Vijayawada-10

**Organized by Department of Physical
Education and Sport Sciences**

**Need of Yoga for
Good Health**

YOGA SESSIONS

Session Dates
April 17, 2023
6:30am to 7:30am
5:30pm to 6:30pm
April 18, 2023
6:30am to 7:30am
5:30pm to 6:30pm

**Training by Diploma in
Yoga Trainees**

For more details contact
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