



**PARVATHANENI BRAHMAYYA
SIDDHARTHA COLLEGE OF ARTS & SCIENCE**
Autonomous
Siddhartha Nagar, Vijayawada-520010
Re-accredited at 'A+' by the NAAC

DEPARTMENT OF PHYSICAL EDUCATION

Name of the Event: **“Need of Yoga for Good Health.”**

Date of the Event: **17 & 18-04-2023**

No of Participants: **150**

On the 17th and 18th of April 2023, the Department of Physical Education and Sport Sciences conducted a yoga session Entitled “Need of Yoga for Good Health”.

